

# Workshops



## Workshops

One day motivational workshops are held at a location appropriate to the participants and making best use of local amenities, e.g. schools, church halls, youth clubs, prison gyms/astro turf, exercise yards.

Programmes aim to instil and increase an individual's

- team/community spirit
- self discipline
- tolerance
- self esteem/worth
- self confidence

while helping them to realise their potential. Each one day programme is designed to best suit the needs of the individual through meticulous planning and consultation with the client/sponsoring organisation. Problem solving tasks are inter-dispersed with discussions, debates and mental challenges.



.....to give respect and work as a team'.

Sheffield IIP

## Not All Bad Training



# Workshops

[www.notallbad.co.uk](http://www.notallbad.co.uk)



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