

Offender Workshops



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One day motivational workshops are held on the astro turf, within the gymnasium or exercise yards.

Programmes aim to instil and increase an individual's

- tolerance
- self discipline
- team spirit
- self esteem/worth
- self confidence

while helping them to realise their potential. Each one day programme is designed to best suit the needs of the individual through meticulous planning and consultation with the establishment's administration. Problem solving tasks are inter-dispersed with discussions, debates and mental challenges.



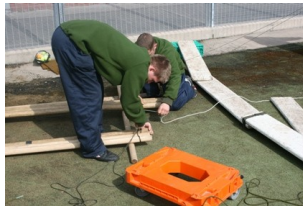
'A key learning point for me was the way I learned to compromise with other inmates'.

Not All Bad Training



www.notallbad.co.uk

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